



# Become a Home Health Aide



**HHA**

*A state-approved course combining classroom instruction, labs, and clinical training that prepares students for California certification as a Home Health Aide.*

## TOPICS COVERED:

- Introduction to aide and agency role
- Interpretation of medical and social needs
- Personal care services
- Diet and nutrition
- Cleaning and care around the home
- Certified Nursing Assistants (CNAs) may receive certification as a Home Health Aide (HHA) by completing an additional 40 hours of training (including lectures and skills practice).
- Students in the 40-hour/fast track program will earn 26 continuing education units (CEU) toward their CNA license.
- All HHA students are required to attend a supervised clinical externship.

## ENROLLMENT REQUIREMENTS:

1. Social security card, Valid Government ID/Driver's License, Physical exam, Tuberculosis Test, Basic Life Support (BLS) Certification
2. **Active CNA License**

*Fast Track 5-Day (40 hours)*

### *2 convenient campuses:*

Chula Vista  
San Diego

### RESERVE YOUR SPOT:

[www.DalradaCareerInstitute.com](http://www.DalradaCareerInstitute.com)

Tel: 858-278-9800

Email: [admissions@ihginfo.net](mailto:admissions@ihginfo.net)



# HHA:

## Become a Home Health Aide



**Pre-requisite:** a current CNA license

**Graduation Requirement:** Students must pass the course and achieve a minimum score of 70% on all coursework and a passing grade for all clinical work.

**Method of instruction:** Direct classroom and supervised hands-on training at a long-term care facility

### HHA 103 lecture: 20

This California state-approved program covers theory requirements. In theory, students will learn Introduction to aide and agency role, Interpretation of medical and social needs, personal care services, nutrition, cleaning, and care tasks in the home.

### HHA 104 practical: 20

This California state-approved program covers clinical externship requirements. In clinical, students will learn personal care services, nutrition, cleaning, and care tasks in the home.

| Module  | Course Title         | Hours | Practical | Lecture |
|---------|----------------------|-------|-----------|---------|
| HHA 103 | Home Health Theory   | 20    | 0         | 20      |
| HHA 104 | Home Health Clinical | 20    | 20        | 0       |
|         | Total                | 40    | 20        | 20      |

**Tuition fee:** Please refer to DCI catalog.

**Schedule:** Weekend class

Saturdays and Sundays 7 a.m. – 3:30 p.m.

## Additional Financial Information

**MyCAA (HHA) CIP number: 51.2602**

### Admission Process:

- Please click on this link to see if you are eligible: [MyCAA Eligibility](#)  
Schedule an appointment with a MyCAA Representative  
Submit all necessary documents and complete all requirements for MyCAA Once approved by MyCAA, please contact Dalrada Career Institute
- **Email [admissions@ihginfo.net](mailto:admissions@ihginfo.net) for your education and training plan. You will need to submit your Education and Training Plan to MYCAA for an approval for your education.**

