



# **Become a License Vocational Nurse**

Choose a recession-proof career with an excellent outlook for the future!

#### **DID YOU KNOW?**

- The U.S. Bureau of Labor Statistics predicts
   25% LVN job growth in California through
   2024, compared to just 6% job growth for other jobs
- There are approximately 3,240 LVN job openings per year in California
- LVN is ranked the *fourth-best job* without a college degree in the U.S.
- San Diego is the #2 job market nationally for LVNs

#### WHAT YOU'LL LEARN:

- Anatomy & Physiology
- Nutrition
- Psychology
- Normal Group & Development
- Nursing Fundamentals
- Patient Education
- Pharmacology
- Medical-Surgical Nursing
- Communicable Diseases
- Gerontological Nursing

- Rehabilitation Nursing
- Maternity Nursing
- Pediatric Nursing
- Leadership/Supervision/ Critical Thinking
- Ethics and Unethical Conduct
- Culturally Congruent Care
- End-of-Life Care

DCI provides the skills and knowledge you need to work in a variety of healthcare settings – through classroom and real-world training.

Register to become a Licensed Vocational Nurse today!

www.DalradaCareerInstitute.com
Tel: 858–278–9800
Email: Admissions@ihginfo.net







## LVN:

### Become a Licensed Vocational Nurse



#### **Admission Requirements**

- U.S High School Diploma or GED
- Q and A session with an Admissions counselor
- HESI assessment examination
- Must have valid I.D. and Social Security Card
- Must be eligible to work in the U.S.
- Prior work experience preferred
- Resume and 1-2 professional reference
- Medical Clearance\*
- Complete background clearance
- Laptop\*

#### **Program Schedule**

- TOTAL TRAINING: 1530 HRS (576 theory/ 954 Clinical)
- The class schedules vary with 4 to 8 hours daily, usually between 7 am to 3:30 pm, Monday to Friday.
- 5 Ten-week terms
  - Term 1 & 2: 10 weeks
    - (Monday to Friday)
  - Term 3, 4, 5: 10 weeks
    - (Monday to Thursday)

#### **Admissions Process**

- 1. Schedule a Q & A session with the admissions counselor
- 2. Submit a resume along with 1-2 professional references
- 3. Wonderlic assessment
- 4. A second interview with the Director of Nursing (DON).
- 5. Financing meeting
- 6. Wait for the acceptance email.
- 7. Registration process with the deposit for the class.
- 8. Submit physical exam, TB, Immunization, and COVID through Complio.
  - a. Drug testing and background checks will need to be done through Complio.
- 9. Show up for orientation and start your class!

#### **Course Description**

#### Term 1

VN101: Anatomy and Physiology 60 Clock Hours / 6.0 Units Lecture: 60 Lab: 0 Prerequisite: None

• This course provides an entry-level understanding of the normal physiological development, structure, and function of the human body as a living organism and its relationship to its parts. The course addresses the body systems, the mechanisms of each system, and how they work together. Topics presented include cellular function, tissues, organs, and homeostasis.

**VN102: Medical Terminology** 30 Clock Hours / 3.0 Units Lecture: 30 Lab: 0 Prerequisite: None

This course provides an understanding of medical language and terminology used by health care professionals.
 Students will gain an understanding of word origins, pronunciations, and spelling of medical terms. Word components will be broken down to enable the student to identify the word's prefix, suffix, and root. The course is organized by body system and designed to work in conjunction with VN101: Anatomy and Physiology.

VN103: Concepts of Nursing 30 Clock Hours / 3.0 Units Lecture: 30 Lab: 0 Prerequisite: None

• This course provides basic knowledge of nursing concepts that provide a foundation for bedside care. Topics covered include study skills, nursing history, cultural competence, law and ethics, communication, and grief.

VN104: Fundamentals of Nursing I 150 Clock Hours / 8.0 Units Lecture: 40 Lab: 30 Clinical: 80 Prerequisite: None

This course introduces basic nursing skills and principles that set a foundation for future clinical practice.
 Concepts include assistance with daily activities, vital signs, documentation, asepsis, sterile technique, and understanding the nursing process. This course provides lab activities to practice skills prior to providing practical experience in the clinical setting.

#### Term 2

VN105: Fundamentals of Nursing II 240 Clock Hours / 11.0 Units Lecture: 40 Lab: 40 Clinical: 160 Prerequisite: VN104

• This course continues from VN104 to teach a deeper understanding of the nursing process as it relates to the Vocational Nursing role. Students learn advanced nursing skills used to assist patients in achieving a higher level of health. The role of the LVN in relation to physical assessment, data collection, and bedside care is discussed. Students will receive an introduction to various body systems as they relate to the disease process and the corresponding interventions that can be expected.

VN106: Normal Growth and Development 30 Clock Hours / 3.0 Units Lecture: 30 Lab: 0 Prerequisite: VN101, VN102

This course focuses on the developmental, psychosocial, and cognitive aspects of human growth and
development throughout the life cycle. Emphasis is on the developmental self-care needs during various stages
of life from newborn to end-of-life. Theorists such as Maslow, Erickson, and Kohlberg are discussed in relation
to normal growth and development.

VN107: Introduction to Pharmacology 60 Clock Hours / 5.0 Units Lecture: 40 Lab: 20 Prerequisite: VN101, VN102

This course is designed to introduce students to the basic concepts of pharmacology. Content includes
classifications, actions, naming conventions, and routes for administration. Students will learn dosage
calculations for enteral and parenteral medications, as well as safe administration practices for enteral,
parenteral, and topical medications.

#### Term 3

VN108: Clinical Pharmacology 40 Clock Hours / 4 Units Lecture: 40 Lab: 0 Prerequisite: VN107

• This course continues from VN107 and provides information on medication classes used for the treatment of various illnesses in relation to body systems. Content includes normal dosages, indications, mechanisms for action, side effects, adverse effects, contraindications, drug interaction, and nursing interventions.

VN109: Mental Health Nursing 40 Clock Hours / 3.5 Units Lecture: 36 Lab: 4 Prerequisite: VN106

• This course introduces students to mental health and signs of an inability to cope with stress. Discussions will include addictive disorders, anxiety, depression, personality disorders, and their diagnosis and treatment. Information on the LVN's role in the psychiatric nursing field will be discussed.

VN110: Medical/Surgical I 240 Clock Hours / 11.5 Units Lecture: 50 Lab:30 Clinical: 160 Prerequisite: VN104, VN105, VN107

 This course focuses on the problems and diseases affecting various body systems that will be encountered in long-term care and rehabilitation settings. Emphasis is placed on using the nursing process to assist patients in experiencing self care and health deviations from respiratory infections, cancer, and cardiac deficits. The role of the vocational nurse is discussed and practiced during lab exercises and clinical practice.

#### Term 4

VN111: Medical/Surgical II 176 Clock Hours / 9.5 Units Lecture: 50 Lab: 30 Clinical: 96 Prerequisite: VN110

This course continues to focus on problems and diseases affecting various body systems that may be
encountered in sub-acute settings, including neurological, musculoskeletal, endocrine, and gastrointestinal
disorders. Students will take part in case-study simulations in the lab and continue to learn safe and effective
care in the clinical setting.

VN112: Maternal/Child Nursing 144 Clock Hours / 8.5 Units Lecture: 50 Lab: 30 Clinical: 64 Prerequisite: VN110

• This course addresses the topic of evidence-based, patient-centered care for women and newborns during pregnancy and the perinatal period, as well as care for children from birth to adolescence. Students learn about health promotion and risk reduction in childbearing families. This course emphasizes health promotion, risk reduction, and childhood health problems of acute and long-term nature, as well as the influence of illness on the family.

#### Term 5

VN113: Medical/Surgical III 240 Clock Hours / 11.5 Units Lecture: 50 Lab: 30 Clinical: 160 Prerequisite: VN111

• This course focuses on the implementation of the nursing process to provide patient-centered care for adults with complex medical and surgical needs that may be encountered in acute care settings. Students will learn about immunologic disorders, hematologic disorders, and Shock. Students will take part in role-playing in the lab to learn appropriate communication as a leader. The course includes a lab and clinical component.

VN114: Capstone 50 Clock Hours / 4.0 Units Lecture: 30 Lab: 20 Clinical: 0 Prerequisite: VN111

• This course will build on the concepts and knowledge gained from previous nursing courses to discuss patient-centered and evidence-based care in a variety of clinical settings. Students will explore the current job market and prepare for their entry into the profession. NCLEX review will be provided throughout the course.

#### **Additional Financial Information**



Please refer to DCI catalog



### MyCAA (LVN) CIP number: 51.3901 Admission Process:

- Please click on this link to see if you are eligible: MyCAA Eligibility
- Schedule an appointment with a MyCAA Representative
- Submit all necessary documents and complete all requirements for MyCAA
- Once approved by MyCAA, please contact Dalrada Career Institute.
  - a. Schedule a Q and A session with the admissions counselor.
  - b. A Wonderlic assessment is needed, especially if you do not have a high school diploma or GED and English as a Second Language student. One of our counselors will contact you to register for the testing.
  - c. You can register online, call our office at 858-278-9800, or stop by. We will notify you with orientation day information.
  - d. Submit physical exam, TB, Immunization, COVID vaccination, and flu shot (October to March class only) on orientation day or by the 2nd week of the class.
  - e. An orientation email will be sent out to you for detailed information.
  - f. Show up for 2 HRS mandatory orientations and start your class!